



NYS Apples

May


2025 6-12



Breakfast

Lake Shore



Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	1	2
			Croissant Breakfast Sandwich w/Sausage	Bagel Breakfast Sandwich w/Sausage
			4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
5	6	7	8	9
Croissant Breakfast Sandwich w/Sausage	Bagel Breakfast Sandwich w/Sausage	Croissant Breakfast Sandwich w/Sausage	Bagel Breakfast Sandwich w/Sausage	Croissant Breakfast Sandwich w/Sausage
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
12	13	14	15	16
Bagel Breakfast Sandwich w/Sausage	Croissant Breakfast Sandwich w/Sausage	Bagel Breakfast Sandwich w/Sausage	Croissant Breakfast Sandwich w/Sausage	Bagel Breakfast Sandwich w/Sausage
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
19	20	21	22	23
Croissant Breakfast Sandwich w/Sausage	Bagel Breakfast Sandwich w/Sausage	Croissant Breakfast Sandwich w/Sausage	Bagel Breakfast Sandwich w/Sausage	Croissant Breakfast Sandwich w/Sausage
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
26	27	28	29	30
Happy Memorial Day! <small>Memorial Day</small>	Bagel Breakfast Sandwich w/Sausage	Croissant Breakfast Sandwich w/Sausage	Bagel Breakfast Sandwich w/Sausage	Croissant Breakfast Sandwich w/Sausage
	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz

Menu Subject to Change

NYS LOCAL FOODS

*Upstate Farms
Milk, Yogurt, Sour Cream
Eden Valley Growers
Assorted Varieties of Apples
Eden Valley Growers
Assorted Fruits & Vegetables
used in Meal Program
highlighted in green

Breakfast Options Daily

*Assorted Cereal

*Bagel w/Cream Cheese or Butter

*Assorted Muffins w/4oz Yogurt

*Fruit & Yogurt Parfaits
w/Flatbread or Granola

*Breakfast Pizza

*Breakfast Wraps

Offered with all Breakfasts

*Whole Grain (WG) Entrees

*Daily Selection of
Fresh or Prepared Fruit
100% juice -1/2 cup
may take up to 1 cup

*NY State Non-Fat or 1% White Milk
8oz



If your Son or Daughter has a particular food allergy, please contact the school nurse and the food service office @ vera.spurrier@lscsd.org.
Additionally, ingredient and nutritional information is available upon request

Students Receive
Free Breakfast